BODY LANGUAGE:

THE ART AND SCIENCE OF NONVERBAL COMMUNICATION

Corporate Communication Experts

Presented by: Peter Dhu

PERTH Workshop - 21 November 2019

How can I create a great first impression? What should I do with my hands? How should I stand? Should I use the lectern or walk across the stage? What does my facial expression say about me? How important is my body language? These are questions that people ask me all the time."

Body language and non-verbal communication is key to effective leadership, effective communication and effective presentation skills. Without congruent, appropriate and natural nonverbal communication, the best crafted message may fall short or you may be seen as not authentic.

The ability to understand, interpret and use effective body language is a skill that will enhance your presentation skills, public speaking and career. Body language is a form of communication, and it needs to be understood and practiced like any other communication skill. Whether in training, facilitation, key note speaking, job interviews or everyday communication, it is essential to understand exactly what your body is communicating to others and what other's nonverbal communication is saying to you.

Course Content In this workshop you will learn how to:

- **Understand what your body is saying about you.**
- **Gesture with confidence and intelligence.**
- **Use eye contact appropriately.**
- **Use the platform or stage effectively when presenting.**
- **Use breathing and pause to generate suspense and create impact.**
- **Use the frozen hand gesture.**
- **Look after your voice and create additional vocal variety and interest.**
- **Demonstrate credibility and approachability and when to use each.**
- **Stand confidently and avoid distracting and overusing gestures.**
- **Reduce the noise and distraction of unwanted nonverbal signals.**

LEARNING OUTCOMES

After this workshop you will have learned the skills of effective and appropriate body language that you can use every day to be a more effective communicator. You will be able to use skillful and appropriate body language in everyday communications, meetings, and job interviews and of course in your presentation and public speaking skills. As a presenter you will look more confident, credible and be more influential as a speaker.

This workshop can be customized to meet your organizational training needs and the learning outcomes set to match your requirements.

What you do speaks so loud that I cannot hear what you say.

- Ralph Waldo Emerson

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Date Thursday, 21 November 2019 **Time** 1:00 pm to 4:30 pm

Venue Pilbara Room, State Library of WA, 25 Frances Street, Perth 6000

Investment $245 + GST

What's included Afternoon tea, comprehensive course notes, newsletter

BIOGRAPHY of Peter Dhu

Peter Dhu has been speaking professionally full time for 10 years. He began his working life working for the WA Health Department as a Medical Scientist. In his 30 years as a scientist, he managed various pathology labs and WA's Organ Donation Agency.

He now specialises in helping people overcome their fear and find their voice by training them in public speaking. This is a remarkable transition because Peter is a person who stutters, and chose not to speak for much of his life. He brings a real-life success story and courage to his work, where he inspires people with his own compelling story.

He is a living example that anyone can overcome their fears and unlock their hidden potential so they can have the courage to speak up and inspire the world with their stories.

He shows people how they can change the world one conversation at a time.

REGISTRATION

Name of Participant

Phone Number

Email Address

Return to: Peter Dhu at info@peterdhu.com.au
or Fax 08 6314 1620

On receipt of your registration I will send out a tax invoice for payment before the workshop. Payment can be made via cheque, money order, EFT bank transfer or via credit card using PayPal.

Thank you for your business.
Peter Dhu

"The body never lies."

– Martha Graham

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