

Corporate Communication Experts

PETER DHU

presents





COURAGEOUS LEADERSHIP



This workshop aims to provide managers and leaders with the knowledge and understanding around the sources of fear and strategies for you to be more courageous as leaders and managers.

According to Harvard Business Review – HBR, courage in leadership is a very important skill, but one that is often missing in our leaders. Fortunately courage is a skill and a leadership trait that can be taught

Learning Outcomes

After this workshop you will be better equipped to:

- Identify areas for further development and growth
- Put actions in place to extend and move you towards your goals
- Identify rules and affirmations
- Identify areas in your life to take more responsibility
- Establish who you need to help you develop a more courageous team
- Understand the sources and triggers of fear as managers and leaders
- Develop strategies to help deal with the fear and be more courageous in your leadership
- How To Develop Courage In Your Leadership
- Making Courageous Decisions
- The Courage Calculation For Decision Making
- Dealing with fear and being a more courageous leader
- · Reframe Your Goals
- · Get In The Habit Of Being Courageous
- The Introvert Leader

As leadership attributes go, courage is one of the big ones. It comes from facing and overcoming fear and being courageous in the face of uncertainty. Many people lack the courage to break free from the fear that is holding them back from reaching their full potential as a leader. To be a courageous leader, you need to make the unpopular decisions, challenge the status quo, have difficult conversations, be honest and take the calculated risks that others won't.

^{**}This workshop can be customised to meet your organizational training needs and the key learning outcomes set to match your requirements. It can be delivered in a full day or half day format. Two or more of our different workshops can be combined to form a 2-day masterclass.

About Peter

Peter Dhu is an experienced and acclaimed keynote speaker, trainer and coach in the area of presentation skills, public speaking and overcoming fear.

For over 20 years Peter has helped thousands of people overcome their fear of public speaking and become more confident and effective in the delivery of their presentations.



Peter has helped people find their voices and their passion so that they can now share these with the world with courage and conviction through their own presentations.

His style is inspirational and transformational. He uses his own story of adversity mixed with experiential learning, example and theory to create a rich learning environment. A medical scientist by profession, Peter has also studied extensively in the area of business and leadership, culminating in his Masters of Business and Administration and Diploma in Professional Coaching. Peter has extensive experience in the area of business communication, presentation skills and personal effectiveness.

CONNECT WITH PETER



peter@peterdhu.com.au



corporatecommunicationexperts



@peterdhu



Peter Dhu



0419 930 903



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