



ASEA 2017 Conference

Finding the Balance: Quality of Life, Quality of Fluency

19 to 22 October 2017

Thursday 19 October – Conference Welcome

Quality Hotel, Ambassador Perth
196 Adelaide Terrace, Perth

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| 5.00 pm | Conference Registration |
| 6.00 pm | Welcome Cocktail Function |
| 6.00 pm | Opening Address
Dr Mark Irwin – President, Australian Speak Easy Association |
| 6.10 pm | Official Welcome
Peter Dhu - Australian Speak Easy Association Conference Chair |
| 8.00 pm | Function Close |

Supported by:



Friday 20 October – Conference Program Day One

Comfort Inn & Suites, Goodearth Perth
195 Adelaide Terrace, Perth

8.00 am **Conference Registration**

8.15 am Speech Practice Session (45 minutes)

9.00 am **Finding the balance in stuttering therapy:
Can we...? Should we...?**

J. Scott Yaruss PhD, CCC-SLP, BCS-F, F-ASHA - Associate Professor and Director of Master's Degree program in Speech-Language Pathology, Department of Communication Science and Disorders, University of Pittsburgh

10.15 am **Morning Tea and Networking**

10.30 am **Tipping the Balance**

Janet Beilby PhD, FSPAA, MASHA, MPSPAWA – Associate Professor, Lecturer and Stuttering Clinician, Curtin University

11.15 am **Quality of life: What do I want for myself? What do I want as
an advocate for people who stutter?**

Dr Mark Irwin – President, Australian Speak Easy Association

12.00 noon **Luncheon and Networking**

12.35 pm Soapbox Session (20 minutes)

1.00 pm **Can CBT for Social Anxiety help you?**

Lisa Saulsman PhD – Specialist in Cognitive Behaviour Therapy

1.45 pm **TED Talks – Power Presentations: Personal Perspectives on
Stuttering (15 minutes each)**

Paul West: Staying fluent through self-discipline - overcoming the tyranny of distance

Chahak Garg: Change in mindset and what my stutter has taught me (How my stutter become my power tool)

Vikesh Anand: The mistaken stutter, be your own voice

Mark Zhang: Toastmasters and my story of stuttering

1.45 pm

**TED Talks – Power Presentations: Stuttering Research
(15 minutes each)**

Kerianne Bloch: Fluency resilience program for developmental stuttering

Thila Raja: Quality of life - How does one's speech relate to their quality of life?

Kathy Viljoen: Curtin Stuttering Treatment Clinic's Fluency Groups

Clare Andrews: The experiences of migrants to Australia who stutter

3.00 pm

Afternoon Tea and Networking

3.15 pm

Stress or Anxiety?

Tasha Broomhall – Director and Lead Facilitator, Blooming Minds Mental Health and Wellbeing

4.15 pm

Key Learnings from the Oxford Dysfluency Conference

Charn Nang PhD - Lecturer and Researcher, Edith Cowan University

5.00 pm

Close of Day One

7.00 pm

Conference Dinner

Crowne Plaza Perth, 54 Terrace Road, East Perth

11.00 pm

Function Close

Saturday 21 October – Conference Program Day Two

Comfort Inn & Suites, Goodearth Perth
195 Adelaide Terrace, Perth

- 8.00 am** **Conference Registration**
- 8.15 am Speech Practice Session (45 minutes)
- 9.00 am** **Love Yourself: Lessons from Louise Hay**
Cindy Melksham – Affirm Your Power
- 10.00 am** **Morning Tea and Networking**
- 10.30 am** **Building your resilient mindset: Change your thinking, take charge and bounce back**
Julie Warburton – President of the National Speakers Association of Australia (WA Chapter), Resiliency and Corporate Wellness Specialist
- 11.15 am** **Stuttering research outcomes from Edith Cowan University: The importance of telling your story**
Charn Nang PhD - Lecturer and Researcher, Edith Cowan University
- 12.00 noon** **Luncheon and Networking**
- 12.35 pm Soapbox Session (20 minutes)
- 1.00 pm** **Unravelling the mystery around the onset of stuttering and beyond**
Geoff Martin – Vice President, Australian Speak Easy Association
- 1.45 pm** **TED Talks – Power Presentations: Stuttering Research (15 minutes each)**
Alice Carter: Quality of life in adults who stutter in Australia
Asha Bodycoat: Investigating effortful control in adolescents who stutter
Jade Beavington: I can't really hide – The experiences of adults who stutter who work in a fly-in fly-out environment
Ashleigh O'Callaghan-Sear: Attention Regulation in adults who stutter

1.45 pm Breakout Workshop - Loving Yourself: Where to begin

Cindy Melksham – Affirm Your Power

3.00 pm Afternoon Tea and Networking

3.15 pm The habit of stuttering and what to do about it!

Geoff Johnston – Australian Speak Easy Association

4.15 pm Living an authentic life: The courage to be you

Peter Dhu - Speaker, trainer and coach in presentation skills, public speaking and overcoming fear

**5.00 pm Close of Day Two
ASEA Annual General Meeting**

Chaired by Dr Mark Irwin

7.00 pm Meeting Close

Explore Perth

Free night to explore the City of Perth and its surrounds

Sunday 22 October – Conference Program Day Three

Comfort Inn & Suites, Goodearth Perth
195 Adelaide Terrace, Perth

8.00 am **Conference Registration**

8.15 am Speech Practice Session (45 minutes)

9.00 am **Redefining balance: Living in harmony with stuttering**

J. Scott Yaruss PhD, CCC-SLP, BCS-F, F-ASHA - Associate Professor and Director of Master's Degree program in Speech-Language Pathology, Department of Communication Science and Disorders, University of Pittsburgh

9.45 am **TED Talks – Power Presentation**

Sian Williams: Kidzucate – Take-A-Stand against bullying

10.00 am **Client centred factors in stuttering therapy: What are they and how to manage them together?**

Janet Beilby PhD, FSPAA, MASHA, MPSPAWA – Associate Professor, Lecturer and Stuttering Clinician, Curtin University

10.45 am **Closing Address**

Peter Dhu – Australian Speak Easy Association Conference Chair

11.00 am Conference Close

Taxi transport to airport